

BANG

2026

DREAMS
COME
TRUE

5K WALK RUN
ROLL

& 1 MILE FUN RUN

POW

PRESENTED BY

TOTE

BOOM

PARTICIPANT GUIDE

SATURDAY, SEPTEMBER 19, 2026
UNF J.B. COXWELL AMPHITHEATER



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WELCOME, HEROIC CHAMPION

CONGRATULATIONS, HEROES! JOINING A SUPERHERO SQUAD FOR THE DREAMS COME TRUE 5K (DCT5K) IS AN EXTRAORDINARY MISSION TO SUPPORT CHILDREN IN OUR COMMUNITY WHO ARE BRAVELY FACING LIFE-THREATENING MEDICAL CONDITIONS. WHETHER YOU'VE JOINED A TEAM WITH A FEW SIDEKICKS OR ARE FLYING SOLO, TAKE PRIDE IN THE IMPACT YOUR SUPER EFFORTS WILL MAKE. SO, DON YOUR CAPES AND MASKS TODAY, AND RALLY OTHERS TO JOIN OUR VALIANT CAUSE!

EVENT DETAILS

WHEN:

SATURDAY, SEPTEMBER 19, 2026

WHERE:

UNF J.B. COXWELL AMPHITHEATER
1 UNF DRIVE, JACKSONVILLE, FL 32224

WHY:

BRING HOPE AND JOY TO EVERY LOCAL CHILD WITH A LIFE-THREATENING MEDICAL CONDITION THROUGH THE POWER OF A DREAM AND ALL THE MOMENTS IN BETWEEN.



EVENT DAY SCHEDULE

7:00 - 8:00 AM

REGISTRATION

7:00 - 11:00 AM

DREAMFEST

8:00 AM START

5K WALK, RUN OR ROLL

8:10 AM START

ONE MILE DASH FOR DREAMS





PARTICIPANT STARTER PACK

- ☐ REGISTER FOR THE EVENT
- ☐ CUSTOMIZE YOUR FUNDRAISING PAGE
- ☐ SET YOUR GOALS
- ☐ FUNDRAISE THROUGH YOUR NETWORK
- ☐ COMPLETE FUNDRAISING CHALLENGES
- ☐ ATTEND THE EVENT WALK, RUN, OR ROLL!
- ☐ THANK YOUR TEAM & SUPPORTERS

**THANK YOU FOR BELIEVING IN
THE POWER OF DREAMS AND
THE MOMENTS IN BETWEEN!**

NEED HELP?

CONTACT LILI SILVA
EMAIL: LILI@DREAMSCOMETRUE.ORG
CALL: (904) 296-3030 EXT. 204



1 REGISTER FOR THE EVENT



SCAN THE QR CODE
TO BEGIN YOUR 5K
REGISTRATION:

DO YOUR INITIAL SET-UP ON A COMPUTER,
THEN MAKE UPDATES USING YOUR PHONE.



BOOM

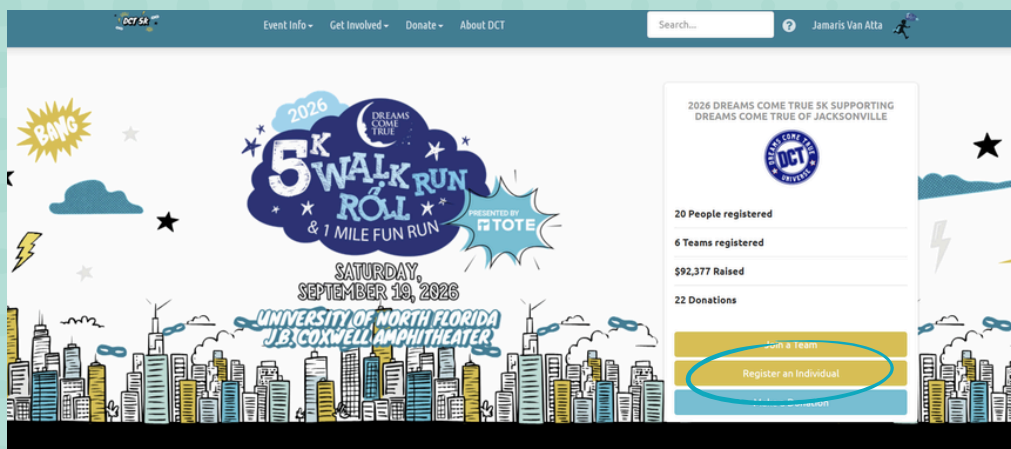
REGISTER AS AN
INDIVIDUAL, OR
JOIN/CREATE A TEAM:



POW



CHOOSE YOUR
EVENT DAY
EXPERIENCE:



Join a Team or Start Your Own Team

Find an existing team to join

Start typing your search

Just start typing the name of the team or someone on the team, then select it from the dropdown list.

Or start your own team

Start Team

Or register as an individual

You can register as an individual now. You can always join or start a team later. We'll even show you if any of your Facebook friends have signed up so you can join with them.

Register an Individual

Browse Existing Teams

ADD YOUR FAMILY:

REGISTER CHILDREN OR FAMILY MEMBERS WHO DO NOT HAVE AN EMAIL
ADDRESS OR DO NOT NEED THEIR OWN SEPARATE FUNDRAISING PAGE

REGISTER FOR 2026 DREAMS COME TRUE 5K

YOUR INFORMATION YOUR REGISTRATION ADDITIONAL REGISTRATIONS PAYMENT INFORMATION CONFIRM AND SUBMIT

Registration Options

One Mile Dash For Dreams - Early Bird

Varies*

The Dash For Dreams is a fun 1 mile walk, run or roll to kick start your morning supporting Dreams Come True.

5K Registration - Early Bird

Varies*

Walk, run or roll through the 5K route on the beautiful UNF campus. All registrants receive a t-shirt and commemorative run medal. All participants are invited bring family and friends to enjoy Dreamfest just beyond the Finish line.

Dreamfest

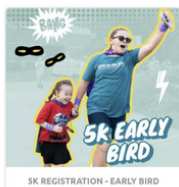
Varies

Don't want to walk, run or roll? No problem. Dreamfest is for everyone! Join us as we celebrate our Dreamers. Dreamfest includes activities, prizes, and special guest appearances! Don't miss out on this amazing Special Time Festival! Bring your family and friends to share in the fun.

Just Fundraise

Varies

If you can't make it out to the event, then register as a fundraiser! You can create your own page or join a team and show your support. With badges to earn and prizes to win, this is a fun way to support our dreamers.



5K REGISTRATION - EARLY BIRD

REGISTER FOR 2026 DREAMS COME TRUE 5K

YOUR INFORMATION YOUR REGISTRATION ADDITIONAL REGISTRATIONS PAYMENT INFORMATION CONFIRM AND SUBMIT

Register Friends or Family Members

Your Registration *

Jamaris Rivera

5K Registration - Early Bird (\$35)

What size T-shirt would you like?
Birthdate (for 5K race scoring categories)
Gender (for race scoring categories)
Race Packet Pick Up Location

Adult Medium
Sep 26, 1998
Female
Baymeadows 1st Place Sports

Additional Registrations (Optional)

You can register friends or family members as well. Please note that if you do not provide an email address, your friend will not be able to fundraise or earn challenge points and will need to rely on you to receive updates regarding the event.

ADD A REGISTRATION

PREVIOUS

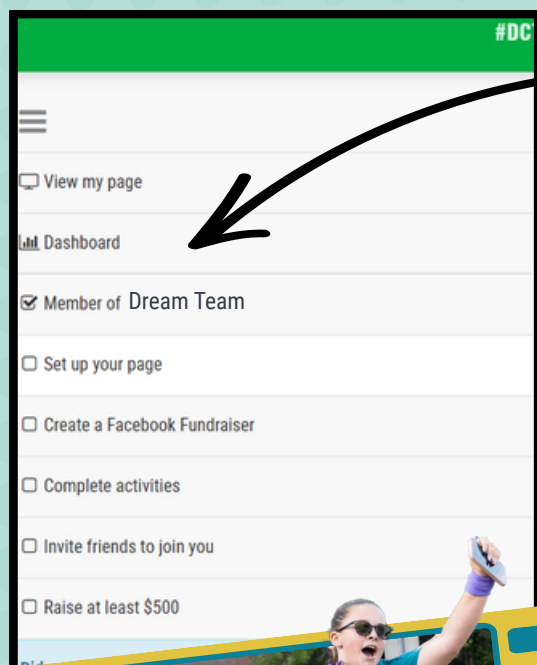
NEXT

2 CUSTOMIZE YOUR FUNDRAISING PAGE

THE DREAMS COME TRUE 5K IS OUR LARGEST COMMUNITY FUNDRAISING EVENT SUPPORTING LOCAL CHILDREN BATTLING LIFE-THREATENING MEDICAL CONDITIONS. EVERY DOLLAR RAISED HELPS CREATE HOPE, JOY, AND UNFORGETTABLE EXPERIENCES FOR DREAMERS AND THEIR FAMILIES.

AS A DCT5K PARTICIPANT, YOU'LL HAVE ACCESS TO YOUR OWN FUNDRAISING PAGE AND PARTICIPANT PORTAL TO HELP TRACK PROGRESS, SHARE YOUR STORY, AND CONNECT WITH SUPPORTERS.

AFTER REGISTERING, TAKE A FEW MINUTES TO PERSONALIZE YOUR PAGE. START WITH THE "DASHBOARD" TAB ONCE YOU LOG IN, THEN WORK YOUR WAY THROUGH THE MENU OPTIONS ON THE LEFT-HAND SIDE.



3 SET YOUR GOALS

SETTING A FUNDRAISING GOAL EARLY CAN HELP KEEP YOU MOTIVATED AND FOCUSED THROUGHOUT YOUR FUNDRAISING JOURNEY.

MAKE YOUR GOAL REALISTIC, SPECIFIC, AND EASY TO TRACK. BREAKING A LARGER GOAL INTO SMALLER MILESTONES CAN MAKE IT FEEL MORE MANAGEABLE AND HELP YOU CELEBRATE PROGRESS ALONG THE WAY.

BE SURE TO SHARE YOUR FUNDRAISING GOAL ON YOUR PAGE AND WITH YOUR SUPPORTERS. SHARING YOUR GOAL CAN HELP BUILD EXCITEMENT, ACCOUNTABILITY, AND MOMENTUM.

FUNDRAISING GOAL: _____

TEAM GOAL: _____

RACE GOAL: _____

OTHER: _____





4 FUNDRAISE THROUGH YOUR NETWORK

THINK ABOUT THE PEOPLE IN YOUR PERSONAL AND PROFESSIONAL CIRCLES WHO MAY BE WILLING TO SUPPORT YOUR FUNDRAISING EFFORTS. YOU MAY BE SURPRISED HOW QUICKLY YOUR LIST GROWS WHEN YOU START BRAINSTORMING FAMILY, FRIENDS, COWORKERS, NEIGHBORS, AND COMMUNITY CONNECTIONS.

RELATIVES

1. _____
2. _____
3. _____
4. _____
5. _____

COWORKERS

1. _____
2. _____
3. _____
4. _____
5. _____

FRIENDS

1. _____
2. _____
3. _____
4. _____
5. _____

NEIGHBORS

1. _____
2. _____
3. _____
4. _____
5. _____

CONTACTS THROUGH YOUR CHILD'S FRIENDS/ACTIVITIES

1. _____
2. _____
3. _____
4. _____
5. _____

PEOPLE WHO HAVE INVITED YOU TO A PARTY

1. _____
2. _____
3. _____
4. _____
5. _____

PARTNER'S COWORKERS

1. _____
2. _____
3. _____
4. _____
5. _____

CHURCH OR SOCIAL GROUPS

1. _____
2. _____
3. _____
4. _____
5. _____

PEOPLE YOU DO BUSINESS WITH

1. _____
2. _____
3. _____
4. _____
5. _____

ONCE YOU HAVE YOUR LIST, START REACHING OUT THROUGH EMAIL, TEXT, PHONE CALLS, AND SOCIAL MEDIA. BE SURE TO INCLUDE THE LINK TO YOUR PERSONAL FUNDRAISING PAGE IN EVERY MESSAGE TO MAKE DONATING QUICK AND EASY.





4 FUNDRAISE THROUGH YOUR NETWORK

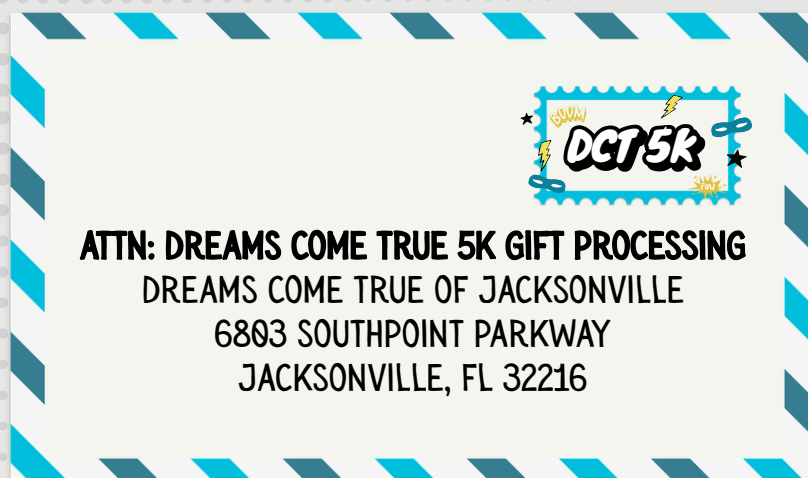
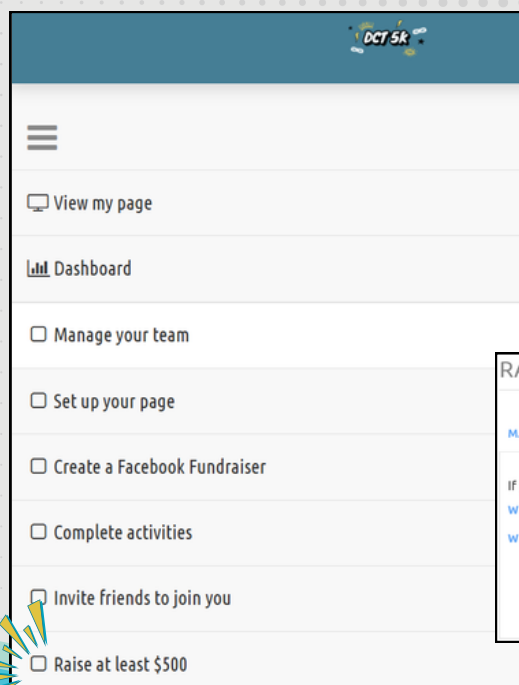
FUNDRAISING TIPS



START WITH THE CONTACTS YOU LISTED IN STEP 4, INCLUDING FAMILY, FRIENDS, NEIGHBORS, COWORKERS, CUSTOMERS, AND COMMUNITY CONNECTIONS. PERSONAL MESSAGES AND STORIES CAN MAKE A BIG IMPACT, AND SAMPLE MESSAGING IS AVAILABLE IN YOUR TEAM PORTAL TO HELP YOU GET STARTED.

OFFLINE DONATIONS

IF YOU RECEIVE A CASH OR CHECK DONATION, YOU CAN ENTER IT IN YOUR FUNDRAISING PORTAL SO IT COUNTS TOWARD YOUR GOAL RIGHT AWAY! CHECKS SHOULD BE MADE PAYABLE TO DREAMS COME TRUE AND MAILED OR DELIVERED TO OUR OFFICE:



RAISE AT LEAST \$500

MAKE YOUR DONATION ASK YOUR FRIENDS THANK YOUR DONORS ENTER CASH/CHECKS

If you have collected cash or checks from your friends, you can enter the information here. It will immediately update your fundraising progress.

WHAT IF I HAVE CHECKS FOR DREAMS COME TRUE OF JACKSONVILLE? ▾

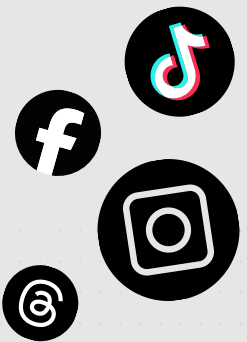
WHAT IF I HAVE CASH OR SOMEONE PAID ME DIRECTLY? ▾

Enter A Cash or Check Donation



4 FUNDRAISE THROUGH YOUR NETWORK

EMAIL & SOCIAL MEDIA



EMAIL, TEXT MESSAGES, AND SOCIAL MEDIA ARE GREAT WAY TO SHARE YOUR FUNDRAISING PAGE AND ENCOURAGE SUPPORT.

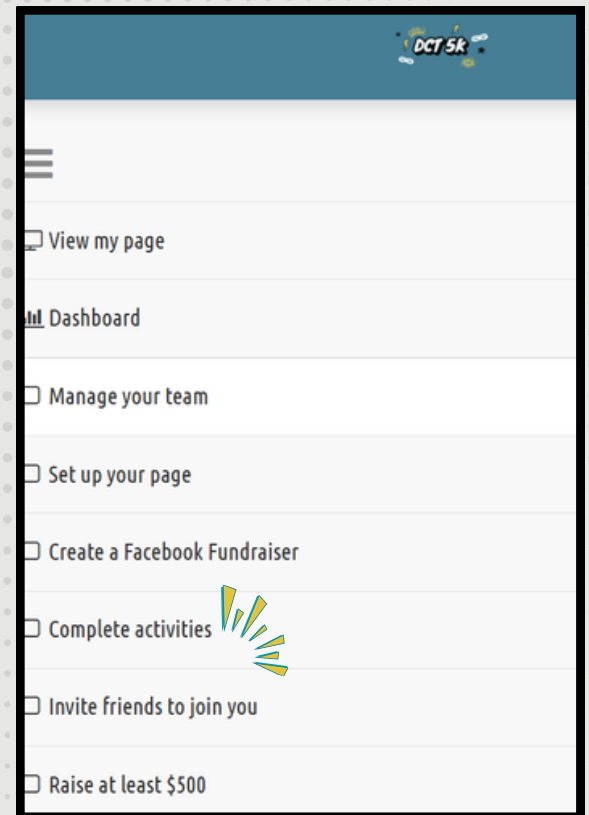
- USE THE “INVITE FRIENDS” TOOL IN YOUR PORTAL TO QUICKLY SHARE YOUR FUNDRAISING LINK
- CREATE A SIMPLE POSTING SCHEDULE TO KEEP YOUR FUNDRAISER VISIBLE
- USE GRAPHICS & TEMPLATES AVAILABLE IN YOUR TEAM PORTAL
- PERSONAL STORIES/UPDATES CAN HELP INSPIRE DONATIONS AND ENGAGEMENT

OFFLINE DONATIONS

HOSTING A SMALL FUNDRAISER IS A GREAT WAY TO SUPPORT YOUR TEAM GOAL AND ENGAGE YOUR COMMUNITY! YOUR TEAM PORTAL INCLUDES A “HOST YOUR OWN FUNDRAISING EVENT” TOOL TO HELP CREATE AND PROMOTE YOUR EVENT.

POPULAR FUNDRAISING IDEAS INCLUDE:

- BAKE SALE
- GARAGE SALE
- HAPPY HOUR
- CAR WASH
- GAME NIGHT



NOTE: IF YOUR FUNDRAISER IS PRIVATE OR INVITATION-ONLY, DO NOT PUBLISH IT TO THE MAIN EVENT PAGE.



4 FUNDRAISE THROUGH YOUR NETWORK



SEND A LETTER

BOOM



A MAILED LETTER CAN BE A MEANINGFUL AND PERSONAL WAY TO ASK FOR SUPPORT. SHARE WHY YOU ARE PARTICIPATING, INCLUDE YOUR FUNDRAISING LINK OR QR CODE, AND MAKE A DIRECT DONATION ASK. FOR SUPPORTERS WHO PREFER TRADITIONAL MAIL, CONSIDER INCLUDING A SELF-ADDRESSED STAMPED ENVELOPE.

GET YOUR COMPANY INVOLVED

MANY WORKPLACES AND LOCAL BUSINESSES ARE LOOKING FOR WAYS TO SUPPORT THEIR COMMUNITY! CONSIDER:

- EMPLOYEE MATCHING GIFT PROGRAMS
- WELLNESS OR TEAM-BUILDING INITIATIVES
- COMPANY SPONSORSHIP OPPORTUNITIES
- SUPPORT FROM LOCAL BUSINESSES YOU FREQUENT

SPONSORSHIP OPPORTUNITIES BEGIN AT \$500. CONTACT DREAMS COME TRUE FOR MORE INFORMATION.



FINISH STRONG

AS RACE DAY APPROACHES, CONTINUE SHARING REMINDERS AND FUNDRAISING UPDATES WITH YOUR SUPPORTERS. A FINAL EMAIL, TEXT, OR SOCIAL MEDIA POST CAN HELP ENCOURAGE LAST-MINUTE DONATIONS AND REGISTRATIONS!



5 COMPLETE FUNDRAISING CHALLENGES

EVERYONE'S FUNDRAISING JOURNEY LOOKS DIFFERENT. TO HELP YOU GET STARTED, WE'VE INCLUDED A SAMPLE FUNDRAISING PLAN DESIGNED TO HELP PARTICIPANTS RAISE \$500. YOU CAN REPEAT THE PLAN, CUSTOMIZE IT TO FIT YOUR NETWORK, OR CREATE YOUR OWN FUNDRAISING STRATEGY.



ROAD TO \$500

- | | |
|---|--------------|
| 1. MAKE A PERSONAL DONATION OF \$30 | \$30 |
| 2. ASK 4 RELATIVES TO GIVE \$25 EACH | \$130 |
| 3. ASK 6 FRIENDS TO GIVE \$20 EACH | \$250 |
| 4. ASK 5 COWORKERS TO GIVE \$20 EACH | \$350 |
| 5. ASK 4 NEIGHBORS TO GIVE \$15 EACH | \$410 |
| 6. ASK A SIGNIFICANT OTHER FOR \$30 | \$440 |
| 7. ASK 4 PEOPLE ON SOCIAL MEDIA TO GIVE \$15 EACH | \$500 |
| 8. CELEBRATE YOUR SUCCESS & THANK YOUR DONORS | |



8 ATTEND THE EVENT

DREAMFEST

DREAMFEST BEGINS AT 7:00 AM, SO COME EARLY TO STRETCH AND EXPLORE THE FESTIVITIES BEFORE THE RACE. CELEBRATE ALONGSIDE OUR DREAMERS AND THEIR FAMILIES WHILE ENJOYING ACTIVITIES, GAMES, PHOTO OPPORTUNITIES, GUEST APPEARANCES, AND MORE. BE SURE TO VISIT OUR SPONSORS' TENTS FOR SPECIAL SURPRISES THROUGHOUT THE MORNING.



**WE CAN'T WAIT TO SEE YOU
ON SEPTEMBER 19!**

INTERESTED IN VOLUNTEERING?
CONTACT VOLUNTEERS@DREAMSCOMETRUE.ORG



9 THANK YOUR SUPPORTERS

YOUR FRIENDS, FAMILY, COWORKERS, AND SUPPORTERS HELPED MAKE YOUR FUNDRAISING JOURNEY POSSIBLE. AFTER RACE DAY, TAKE TIME TO THANK THE PEOPLE WHO SUPPORTED YOU AND YOUR FUNDRAISING EFFORTS.

A HANDWRITTEN NOTE IS ALWAYS MEANINGFUL, BUT EVEN A QUICK TEXT, EMAIL, OR SOCIAL MEDIA POST WITH PHOTOS FROM RACE DAY CAN GO A LONG WAY.

CELEBRATE YOUR SUCCESS, SHARE THE IMPACT YOU HELPED MAKE POSSIBLE, AND THANK YOUR SUPPORTERS FOR BEING PART OF THE JOURNEY.



GET READY!

WE'VE GOT SOME EXCITING FUNDRAISING AND PARTICIPATION INCENTIVES COMING YOUR WAY. STAY ON THE LOOKOUT FOR OUR EMAILS AND SOCIAL MEDIA UPDATES TO DISCOVER WHAT'S IN STORE.

KEEP THOSE SUPER SENSES SHARP...
ANNOUNCEMENTS ARE DROPPING SOON!



@DREAMSCOMETRUEJAX
WWW.DREAMSCOMETRUE.ORG

NEED HELP?

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CALL: (904) 296-3030 EXT. 204

